

NEW HAVEN **BALLET**

LISA KIM SANBORN ARTISTIC DIRECTOR

STUDIO COVID PROTOCOLS

New Haven Ballet is mask optional. We support an individual's choice to wear a mask. We require masking after COVID infection or exposure as outlined below. If you exhibit any cold symptoms or are not feeling well, stay home. You may return to the studio if you have no fever for more than 24 hours, feel better with symptoms improving, and you have a negative COVID test. This mask policy may be revised at any time and masks may once again be required to participate in classes in the future.

New Haven Ballet follows the CDC guidelines:

1) For those who test COVID positive with or without symptoms, we require you stay home through day 5 and mask through day 10.

Students, faculty and staff should isolate at home for a full 5 days and may return to the studio on day 6 if symptoms have improved and there is no fever for more than 24 hours, with masking required at all times through day 10.

2) For those who experience a close contact or COVID exposure, we require you to wear a mask through day 10.

Students, faculty and staff should monitor for symptoms and stay home and test for COVID if any symptoms develop. Per CDC guidelines, we recommend testing at least once on day 6 after exposure even if you have no symptoms.

3) Students, faculty and staff who exhibit any symptoms of feeling ill or who have a fever must stay home and are asked to test for COVID. You may return to the studio once fever free for more than 24 hours, symptoms are improving and you have tested negative for COVID. A home antigen tests or PCR test is acceptable.

Please reach out to your healthcare provider if you have questions about which test is correct for you. We also recommend contacting your healthcare provider for clearance on returning to dance if the student has moderate to severe symptoms of COVID infection.

Thank you for your help in making NHB as safe as possible.