



NEW HAVEN **BALLET**

LISA KIM SANBORN ARTISTIC DIRECTOR

Residential Summer Intensive
at Fairfield University

What to Bring

Toiletries

- ☐ Soap
- ☐ Shampoo
- ☐ Deodorant
- ☐ Toothbrush
- ☐ Toothpaste
- ☐ Shower Caddy
- ☐ Flip Flops
- ☐ Towels (Bath, Face and Pool)
- ☐ Sunscreen
- ☐ Razor
- ☐ Bug Spray

Accessories

- ☐ Brush/Comb
- ☐ Hair Elastics
- ☐ Bobbi Pins & Hair Nets
- ☐ Makeup
- ☐ Hair Gel/Hair Spray
- ☐ Performance accessories
- ☐ Spray Bottle (Water)
- ☐ Safety Pins

Bedroom

- ☐ Slippers or Socks
- ☐ Twin XL Sheet Set
- ☐ Pillow with Pillowcase
- ☐ Electric Fan
- ☐ Blanket/Lightweight comforter
- ☐ Pajamas
- ☐ Prescription Medications (Health Office)

Dance Bag

- ☐ Dance Attire
- ☐ 2-3 Pairs Pointe Shoes
- ☐ Tights: match shoes
- ☐ Sewing Kit
- ☐ First Aid Kit
- ☐ Ballet Shoes
- ☐ Small Purse or Wallet
- ☐ Hand Sanitizer
- ☐ Warm Ups
- ☐ Snacks
- ☐ 2 Fillable Water Bottles

Clothing

- ☐ Swimsuit & Beach Towel
- ☐ Joggers or Sweat Pants
- ☐ Tee Shirts
- ☐ Shorts
- ☐ Rain Jacket
- ☐ Sneakers
- ☐ Jeans

Other

- ☐ Phone & Charger
- ☐ Balance Board & Yoga Mat
- ☐ Strong Theraband & Tennis Ball or
- ☐ Muscle Roller
- ☐ Cash