

Summer Intensive
Fairfield University



NEW
HAVEN
BALLET

LISA KIM
ARTISTIC DIRECTOR

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STUDENT HANDBOOK & WAIVER

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NEW HAVEN **BALLET**

LISA KIM SANBORN ARTISTIC DIRECTOR

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NEW HAVEN BALLET'S MISSION

To provide the greater New Haven Community with exceptional classical ballet training, performances, and outreach programs that nurture appreciation of ballet and foster the joy of dance.

New Haven Ballet is a 501(c)(3) nonprofit organization. All gifts are tax-deductible to the full extent of the law.

NEW HAVEN BALLET SUMMER INTENSIVE HANDBOOK

PROGRAM OVERVIEW

Introduction New Haven Ballet's Summer Intensive Residency is a rigorous two-week immersive training program designed for serious ballet students aged 10–19. Held at Fairfield University, it features daily training in classical ballet, pointe, partnering, variations, Pilates, conditioning, and repertory. The program concludes with a public performance showcasing student progress.

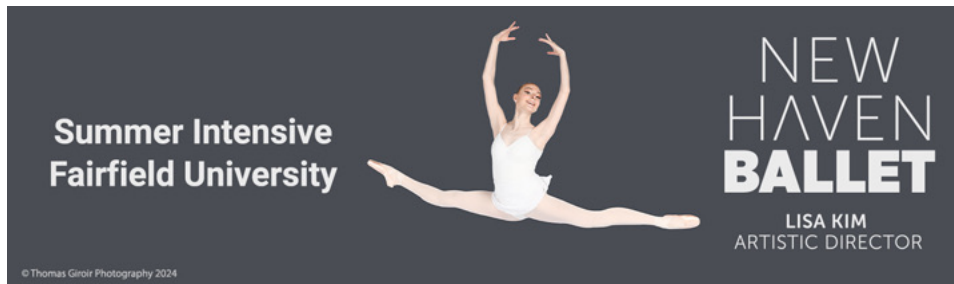
Eligibility Admission is by audition and Artistic Director approval. Enrollment is limited and intended for students committed to intensive classical training.

IMPORTANT DATES

- **Check-In (Overnight Students):** Sunday, July 26 at 1:00 p.m., Gonzaga Hall
- **Check-In (Day Students):** Sunday, July 26 at 2:00 p.m., Rec Plex
- **Placement Class:** Sunday, July 26 from 3:00 to 5:00 p.m., Rec Plex, Lower Level Dance Studio
- **Program Dates:** July 26 – August 7, 2026
- **Final Performance:** Friday, August 7 at 3:00 p.m. in the Oak Room, Fairfield University

DAILY SCHEDULE & EXPECTATIONS

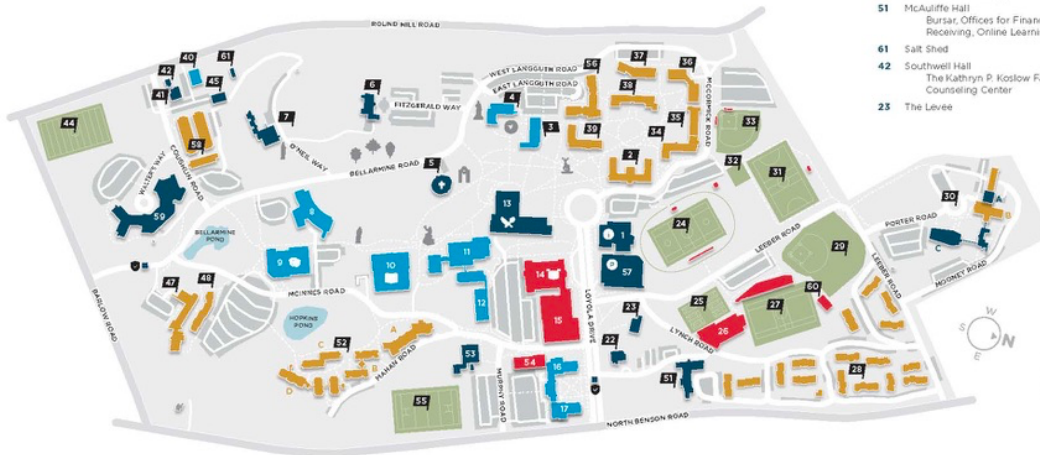
- Classes begin daily at 9:30 a.m. (drop-off) and conclude at 4:00 p.m. (pick-up for day students).
- Full schedule each day.



- Training includes technique, special focus classes, rehearsals, and conditioning.
- All dancers receive individualized feedback.
- Dancers are expected to remain focused, respectful, diligent, and on time.

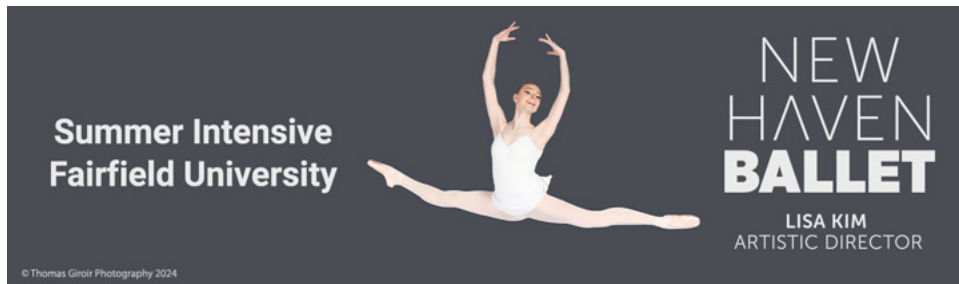
FAIRFIELD UNIVERSITY CAMPUS MAP

ACADEMIC FACILITIES	ATHLETIC FACILITIES	STUDENT SERVICES
11 Bannow (Rudolph F.) Science Center <i>School of Engineering and Computing, College of Arts and Sciences</i> 16 Berchmans Hall – Fairfield Prep 3 Camillus Hall <i>College of Arts and Sciences, School of Education and Human Development, Center for Catholic Studies</i> 10 DiMenna-Hyselkus Library <i>Academic Commons (Math, Science and Writing Centers, Office of Accessibility, Global Fairfield, Fredrickson Innovation Lab, ITS (Information Technology Services))</i> 8 Dolan School of Business (Charles F.) <i>Patrick J. Waide Center for Applied Ethics</i> 4 Donnanumina Hall <i>Bennett Center for Judaic Studies College of Arts and Sciences</i> 12 Egan (Marion Peckham) School of Nursing and Health Studies <i>Klanarek Center for Palliative Care</i> 40 Innovation Annex 9 Quick (Regina A.) Center for the Arts <i>Kelley (Aloysius P.), S.J. Theatre, Walsh (Thomas J.) Gallery, Weirn Theatre/Black Box</i> 17 Xavier Hall – Fairfield Prep	29 Don '63 and Chris '89 Cook Field 33 Alumni Softball Field 44 Barlow Field 32 Basketball Courts 60 Batting Facility 54 Fr. Brissette Athletic Center – Fairfield Prep 55 Grauert Field <div style="background-color: #FFD700; text-align: center; padding: 2px;">RESIDENCE HALLS</div> 56 42 Langguth Hall <i>Ignatian Residential College</i> 35 70 McCormick Road 58 The Barryard Manor 37 Bowman Hall 34 Campion Hall 30 Dolan Campus B. Dolan (John C.) Hall 48 Dulles Hall 47 Faber Hall 39 Gonzaga Hall – Stag Statue 36 Jogues Hall <i>Student Wellness Center</i> 2 Loyola Hall <i>Public Safety, Lukacs Gallery</i> 38 Regis Hall 28 Townhouse Complex 52 The Village A. Meditz Hall B. Kostka Hall C. Claver Hall D. 47 Mahan Road	22 Alumni House <i>Alumni Relations Office</i> 15 Barone (John A.) Campus Center <i>Dogwood room, Dunkin', "The Tully" Dining Commons, Oak Room, Stag Spirit Shop, Stag Snack Bar, and Offices for FUSA, StagCard, WVOF, Residence Life, Student Diversity and Multicultural Affairs, and Student Engagement</i> 6 Bellarmine Hall <i>President and Executive Offices, Advancement, Marketing and Communications, Fairfield University Art Museum</i> 53 Central Utility Facility 59 Conference Center at Fairfield University <i>Media Center</i> 5 Egan Chapel of St. Ignatius Loyola <i>Pedro Arrupe, S.J. Campus Ministry Center</i> 30 Dolan Campus A. Dolan (John C.) Hall – <i>Egan School Mental Health Simulation Center</i> C. Dolan (Thomas F.) Commons – <i>ITS (Information Technology Services), Human Resources, Design & Print</i> 7 Jesuit Community Center (St. Ignatius Hall) 1 Kelley (Aloysius P.), S.J. Center <i>Offices of Undergraduate and Graduate Admission, Financial Aid, Registrar, Career Planning</i> 57 Kelley Parking Garage 45 Maintenance Building 51 McAuliffe Hall <i>Bursar, Offices for Finance, Purchasing and Central Receiving, Online Learning</i> 61 Salt Shed 42 Southwell Hall <i>The Kathryn D. Koslow Family Counseling Center</i> 23 The Levee



Facilities & Accommodations

- **Classes:** Held in studios at the Rec Plex (Building 15 on the map)
- **Residences:** Gonzaga Hall (overnight students – Building 39 on the map)
- **Dining:** University Dining Hall (Building 13 on the map)
- **First Meal:** Dinner on July 26



MEALS

- **Overnight Students:** Breakfast, lunch, dinner daily
- **Day Students:** Lunch (Monday–Friday only)
- **No food, gum, or drinks (except water) are allowed in studios**
- NHB is a peanut-free program. No food may be shared.

CHECK-IN DETAILS

Overnight Students:

- Check in at Gonzaga Hall at 1:00 p.m.
- Pack light; you must carry your own belongings.
- You will receive a room assignment, key card (\$50 replacement fee if lost), roommate, and buddy.
- Share your phone number with counselors and buddy; if no phone, a tracking tile must be affixed to your dance bag.
- Dancers may not leave campus without a counselor.

Day Students:

- Check in at the Rec Plex at 2:00 p.m. in placement class attire.
- Daily drop-off at 9:30 a.m. (Rec Plex) and pick-up at 4:00 p.m. (Rec Plex).

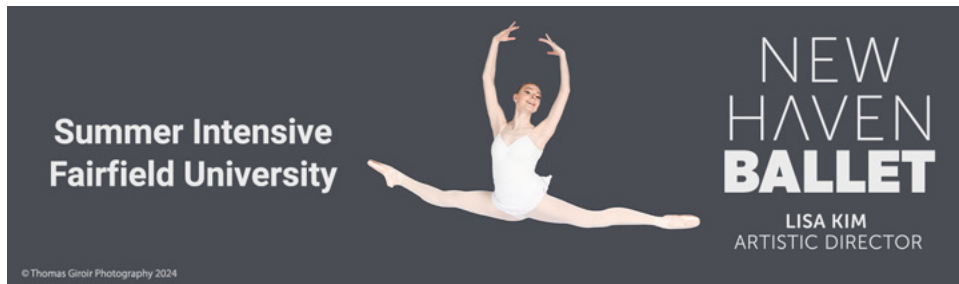
WHAT TO BRING DAILY (DAY STUDENTS)

- Dance attire and shoes
- Dance bag
- Conditioning equipment
- Refillable water bottle
- Band-aids and Sewing Kit

ATTIRE REQUIREMENTS

Female Identifying Dancers:

- 3–5 convertible pink or flesh-toned tights
- 3–5 ballet-style solid leotards with modest leg line (1 must be solid black)
- Clean ballet slippers
- 2–3 pairs pointe shoes (matching tights)



- Flesh-toned camisole leotard (to wear under costume)
- Short black skirt (Bullet Pointe)
- Fitted warm-ups (leg warmers), streetwear, walking shoes
- Hair care accessories to secure hair away from face (high ballet bun for last day)
- Band-aids
- Sewing Kit

Male Identifying Dancers:

- 4-5 fitted T-shirts/leotards (white and black)
- 4-5 dance belts
- 4-5 black opaque tights
- Black ballet slippers, fitted warm-ups (leg warmers)
- Streetwear, walking shoes
- If hair is long, hair care accessories to secure hair away from face

Placement Class Attire:

- Strict dress code: no warm-ups, only basic attire listed above
- No gym shorts, jewelry, or nail polish

Conditioning Class Attire:

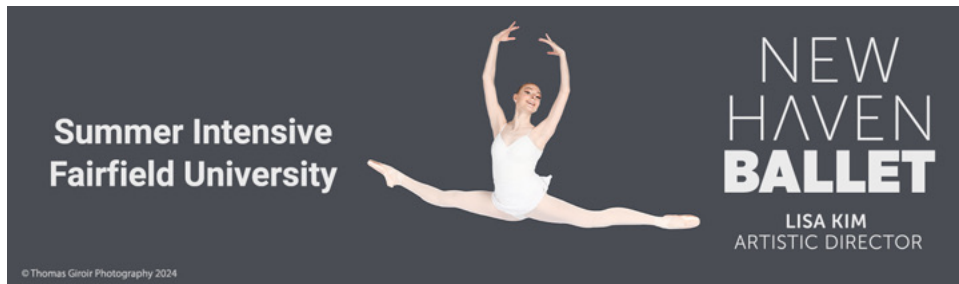
- Fitted warm-ups, yoga pants, trash bag warm-ups

Required Equipment:

- Yoga mat, balance board, strong theraband, 2 yoga blocks

DORM LIFE (Overnight Students)

- Air-conditioned dorm with mini fridge and microwave
- Lounge (shared)
- No cooking in dorm rooms
- Bring laundry supplies (laundry pods only for machines available)
- Rooms auto-lock – keep key cards safe
- Bring walking shoes and post-dance sandals
- Shower caddy with toothbrush, toothpaste, shampoo, soap, deodorant, shower shoes, towel, washcloth, makeup wipes



Essentials to Pack:

- Ballet supplies (shoes, tights, leotards, etc.)
- Sewing and first aid kits (toe tape, scissors, Band-Aids)
- Water bottle, snacks (peanut-free)
- Toiletries and shower caddy (bring a towel)
- Paper towels, utensils, sponge, dish soap, paper plates, and cups
- Hair and makeup supplies
- Rain gear, sleepwear, casual clothes
- XL twin bedding, pillow, comforter
- Notebook, phone/charger, labeled items
- Medications

PERFORMANCE DAY CHECKLIST

- Arrive fully ready (hair/makeup done)
- Two clean pairs of performance tights
- Clean shoes with sewn elastics/ribbons
- Class leotard for tech rehearsal
- Makeup and hair supplies
- Sewing kit, warm-ups, water bottle
- Labeled items only

Makeup & Hair Guidelines

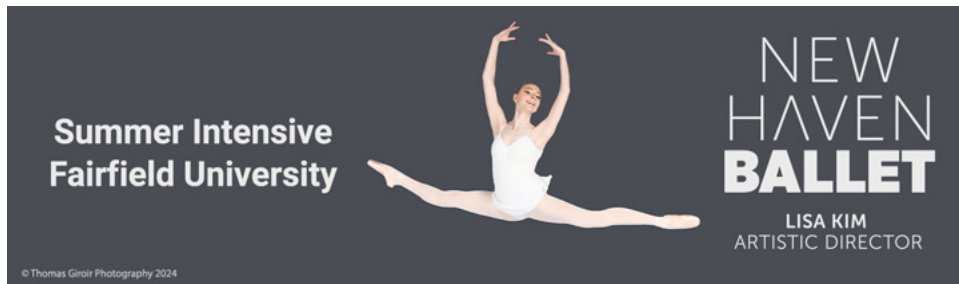
- Female roles: Foundation, blush, neutral eyeshadow, eyeliner, mascara, lipstick, false lashes
- Male roles: Light foundation, blush, powder
- Hair: High ballet bun or hair secured away from face

Costume Care

- No eating/drinking/sitting in costume
- Return all items neatly with headpieces and accessories
- Report issues to Lisa Kim or Talia Sylvester

FINAL PERFORMANCE DETAILS

- **Date:** Friday, August 7
- **Time:** 3:00-4:00 p.m.



- **Location:** Oak Room, Fairfield University (Building 13 on the map)
- **Admission:** Free and open to the public

Post-Performance Check-Out:

- Return all costumes/accessories
- Clean dressing area
- Move out of the dormitory and return room key (or pay \$50 fee)

POLICIES & EXPECTATIONS

Health & Safety

- Stay home if unwell or injured
- Fever-free for 24 hours to return
- Follow all NHB protocols
- No lice/nits permitted. Clearance required 14 days after treatment

Etiquette & Conduct

- Arrive on time, ready, and focused
- Respect peers, staff, and spaces
- No gossip, bullying, or disruptive behavior (online or in-person)

Electronics

- Devices must be silent or off during class and used only between classes

Copyright Notice

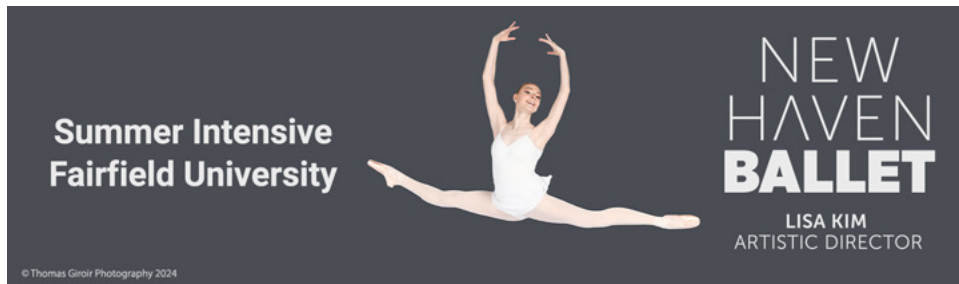
- All choreography is protected
- No video/photo sharing without prior written permission

Lost & Found

- NHB is not responsible for lost or stolen items

Parking

- Students are not permitted to have cars on campus during camp



- Performance parking across from Rec Plex
- Contact NHB in advance for ADA (wheelchair) accommodations

Questions or Concerns?

- Call: 203-782-9038 (office) or 413-297-7294 (cell)
- Email: administrator@newhavenballet.org (Attn: Ruth Barker)

FIRST AID

- A first aid kit is available for minor injuries.
- NHB **cannot dispense medications** (over-the-counter or prescription) without the pediatrician's and parent's consent. Proper form must be submitted before camp starts.
- Students must bring their own **first aid supplies** (band-aids, tape, blister pads, etc.) in their dance bags.

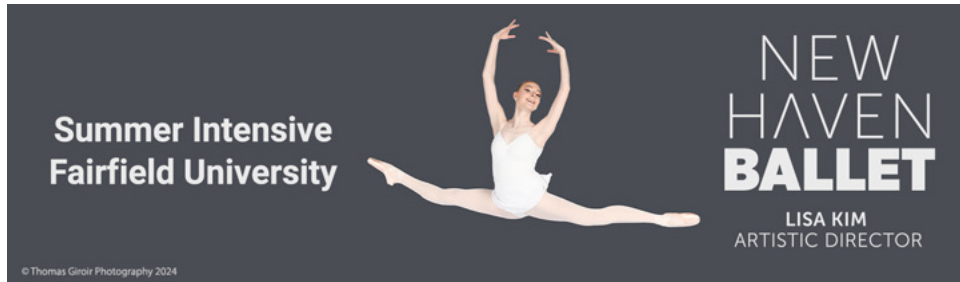
PARENT/STUDENT AGREEMENT & WAIVER

By signing below, we acknowledge that we have **read, understood, and agreed to all policies** outlined in the New Haven Ballet (NHB) Student Handbook. This includes policies related to participation, health and safety, behavior, tuition, and emergency care.

Acknowledgment and Consent

I understand that there are **no refunds** for illness or for any other reason, except as explicitly stated in the handbook. I give permission for my child to participate in all **classes, rehearsals, and performances** associated with NHB. In the event of an emergency, I authorize NHB, its representatives, agents, employees, paramedics, or the nearest hospital to administer emergency medical treatment to my child. I understand that NHB and its representatives are **not responsible for injuries** sustained at NHB studios or any affiliated activities and agree to cover all costs associated with medical treatment. I certify that my child **does not suffer from any severe allergies** requiring NHB's awareness. If my child does have allergies, I have **notified the NHB office in writing** with all relevant care instructions.

I understand that **dance is a physical art** and that injuries may occur. I release NHB, its instructors, staff, and representatives from any and all claims related to injuries or



harm sustained during NHB activities, including but not limited to those occurring in studios or performance venues like the Shubert Theatre. I acknowledge that, in the context of ballet instruction, **physical contact** may be necessary to correct alignment or positioning, and I authorize such appropriate contact.

By registering and participating in NHB activities, I agree that:

- (a) I voluntarily **assume all risks** associated with participation.
- (b) NHB and its faculty, employees, and volunteers are to be **indemnified and held harmless** from any liability, claims, or expenses resulting from participation.
- (c) NHB is **not liable for lost, stolen, or misplaced personal property**.
- (d) No monetary compensation shall be owed for my or my child's participation.

I understand NHB may have **video cameras installed** in studios to ensure safety.

PHOTO AND MEDIA RELEASE

I consent to have my child photographed, filmed, audiotaped, or interviewed and grant NHB full rights to use these materials **in perpetuity** for promotional, educational, or archival purposes. I release and hold harmless NHB from any claims related to the use of such media across platforms including print, internet, broadcast, and other forms of media now known or developed in the future.

TUITION POLICY

I understand that I am financially responsible for the **full tuition amount**, including late fees, even if the student withdraws or is dismissed before the program ends. I acknowledge that NHB does **not issue refunds or credits** for missed classes, conversion to remote instruction, illness, or injury.

Student Name (Print): _____

Parent/Guardian Name (Print): _____

Parent/Guardian Signature: _____

Date: _____